

# April 2023 Menu

## Bend

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
1	2	3	4	5
6	7	Interession		8
	<b>Breakfast</b> Chocolate Donut  <b>Lunch</b> BBQ Chicken Fillets Baked Beans Fritos	<b>Breakfast</b> Cinni Mini Caramel  <b>Lunch</b> Chicken Bacon Alfredo Pizza Green Salad	<b>Breakfast</b> Breakfast Pizza  <b>Lunch</b> Chicken Salad Cheese Bread	<b>Breakfast</b> Chocolate Chip Banana Muffins  <b>Lunch</b> BBQ'd Chili Cheese Dogs Fries Pasta Salad
8	9	10	11	12
<b>Breakfast</b> Cereal Bar  <b>Lunch</b> Max Mozz Sticks Broccoli Buds Corn	<b>Breakfast</b> Cinni Mini  <b>Lunch</b> Burrito Mixed Green Salad Spanish Rice	<b>Breakfast</b> Yogurt & Granola  <b>Lunch</b> Pb & J String Cheese Baby Carrots Cucumber with Ranch Graham Cracker	<b>Breakfast</b> Chocolate Chip Muffin  <b>Lunch</b> Egg Salad Sandwich Spinach and Tomatoes Chips	<b>Breakfast</b> Mini Pancakes  <b>Lunch</b> Hot Dog Baked Beans Tots
15	16	National Banana Day 17		18
<b>Breakfast</b> Breakfast Bun  <b>Lunch</b> Corn Dogs Baked Beans Baby Carrots	<b>Breakfast</b> English Muffin with Cheese  <b>Lunch</b> Chicken Taco Shredded Lettuce Tomatoes	<b>Breakfast</b> Banana Boats With Yogurt  <b>Lunch</b> Parmesan Chicken Steamed Broccoli Garlic Bread	<b>Breakfast</b> Muffin  <b>Lunch</b> Chef Salad Baby Carrots Dinner Roll	 <b>Breakfast</b> Rodeo Pancake Breakfast  <b>Lunch</b> Pizza Green Salad with Tomatoes Baby Carrots
22	23	24	25	26
<b>Breakfast</b> Mini French Toast  <b>Lunch</b> Mandarin Orange Chicken Steamed Rice Stir-Fry Veggies Honey Grahams	<b>Breakfast</b> Bagel with Cream Cheese  <b>Lunch</b> Walking Tacos Shred Lettuce Grape Tomatoes	<b>Breakfast</b> Yogurt & Granola  <b>Lunch</b> Penne Pasta Bake with Marinara Sauce & Mozzarella Cheese Broccoli Garlic Bread	<b>Breakfast</b> Pop Tarts  <b>Lunch</b> Tuna Sandwich Broccoli Buds Baby Carrots Chips	<b>Breakfast</b> Fresh Fruit Bowl Graham Crackers  <b>Lunch</b> Cheese Burgers Lettuce & Tomatoes Crinkle Fries
29	30			
<b>Breakfast</b> Hot or Cold Cereal English Muffin  <b>Lunch</b> Chicken Ramen Bowl Stir Fry Veggies	<b>Breakfast</b> English Muffin with Cheese  <b>Lunch</b> Spaghetti Green Salad Garlic Breadstick			

Prepayment of meals is welcomed and encouraged. Cash or checks are accepted in the cafeteria, the amount tendered will be applied to your child's meal account.

**PAY YOUR BILL ONLINE!**  
Online payment options for student meal accounts are available at: <https://family.titan.com/Y439EE>

The District Wellness Policy is available for viewing at: [www.evergreenusd.org](http://www.evergreenusd.org)

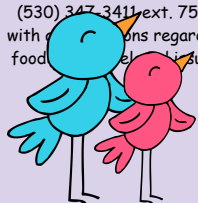
Applications for free and reduced meals can be completed at any time during the school year.

This institution is an equal opportunity provider.

Menu subject to change.

More specific nutritional information is available upon request.

Please call:  
(530) 347-3411 ext. 7533  
with questions regarding food allergies or other issues.



**BREAKFAST**  
Free for all students!

**LUNCH**  
Free for all students!

**ADULT MEALS**  
Breakfast: \$3.00  
Lunch: \$ 5.00  
A la Carte Entree: \$ 1.75

**MILK**  
\$ .50

In addition, the choice of an optional meal choice in the form of a Peanut Butter and Jelly sandwich will now be available as part of a pre-assembled sack lunch.

Choice of 1% white and non-fat chocolate milk is served with each meal.

Fruit Juice is served additionally with breakfast.

Fruit is served everyday for both Breakfast and Lunch.

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